
HAMILTON SENIOR NEWS
HAMILTON COUNCIL ON AGING -- AUGUST-SEPTEMBER 2004

GREETINGS!!!! We hope you're enjoying the summer months traveling, visiting with family, gardening or participating in our wonderful COA activities. We are pleased to bring you this edition of our senior newsletter and bring several items to your attention. During the month of August, due to the heat, we will not be scheduling our popular blood pressure clinics; they will resume in September. Also, COA Board members are interested in hearing from Hamilton seniors regarding interest in start-up of either a walking group or chess club. If you are interested in these or OTHER activities, please call the COA office at 978-468-5595 and leave your name and telephone number. We also continue our search for volunteers; we need your support to move forward. A "Friends of the Mature Citizens" group is in the process of formation. For more information, please contact Barbara Rigol (978-468-2606), Priscilla Davis (978-468-3786) or Mary Lou Meloni (978-468-1708). Having an active "Friends" group will provide more manpower, ideas, and resources to expand Hamilton's senior programs. Please keep this newsletter handy for quick reference of upcoming events and reservation deadlines. These programs are for ALL Hamilton seniors.

ICE CREAM SOCIAL WEDNESDAY, SEPTEMBER 8, 2004

Come one, come all.....Hamilton seniors are invited for a sweet treat and a visit with friends. Join us at 2:00pm at the Senior Center, 299 Bay Road for some yummy ice cream with your choice of toppings. Reservations are required. Sign-ups will be held on Wednesday, September 1 between 10am and 12 noon at the Senior Center. There will be a \$2.00 charge. Sounds like fun!

FALL HOMECOMING LUNCHEON AND BINGO!
THURSDAY, SEPTEMBER 16, 2004

Back by popular demand! Welcome fall and enjoy a box lunch consisting of Sliced Turkey, Potato Salad, Juice and Brownie sponsored by the COA and Senior Care to be served at 12 noon. After lunch, try your luck at BINGO and socialize with friends. Cost is \$2.00 per person. Open registration will be held at the Senior Center, Wednesday, September 1 between 10am and 12 noon. Reserve early, seating is limited.

ANNUAL BOURNE SCALLOP FESTIVAL
FRIDAY, SEPTEMBER 24, 2004

Also back by popular demand! The Cape Cod Canal Region Chamber of Commerce proudly presents "the largest scallop festival on the East Coast under the Big Tent"! Hamilton seniors are invited to enjoy either a delicious scallop OR chicken dinner, musical entertainment. Price includes admission to the Artists & Craftsmen Fair with over 130 exhibitors. The bus will leave the Senior Center promptly at 8:00 am with an approximate return time of 4:00 pm. Cost is \$20.00 per person. Open registration will be held at the Senior Center, 299 Bay Road on September 8th between 10 am and 12 noon. Please note our Blood Pressure clinic will be held during this time also, so take advantage and stay healthy!

MARK YOUR CALENDAR NOW FOR THIS REGISTRATION DATE, THIS TRIP SELLS OUT QUICKLY. SEATING IS LIMITED TO 47 PERSONS.

**COFFEE FORUM: TOWN OF HAMILTON ASSESSOR'S
THURSDAY, SEPTEMBER 30, 2004 AT 10:00 AM**

Hamilton seniors are invited to attend an informative program on tax abatement issues and other general topics presented by Bob Trussell. Bring a friend and enjoy light refreshments. The program will begin at 10:00 am at the Senior Center, 299 Bay Road and will include a question/answer session. This is a great opportunity to gain valuable resource information. See you there!!

A note from your Chairman:

Hello folks: I just want to explain to all of you the reason we ran into a problem with the Charles River Boat Cruise. When we first planned the trip we were having trouble filling a small bus so we thought we would start out slow and only plan for 25 people. Lo and behold our trips are snowballing, which is the most wonderful thing that could happen, and we found so many people wanting to go. Having heard from so many that they haven't been on trips because "all the same people go", we felt it only fair that we give the people that haven't been before first choice. Even at that we found we had a waiting list for "first timers" as well as those that had made the trip before.

You must realize the town only allots us a certain amount of money and we try to spread it out over the year so that we can have more trips. We now have a wonderful group of volunteers who will be taking over as "Friends" and will try to raise money for us. We hope this will help us get bigger busses so that we can accommodate everyone that wishes to go.

Also, PLEASE realize that we are new at this and everyone on the committee is a volunteer! We are doing this so that we can help our mature citizens enjoy a few hours of fun and companionship. I was very distressed to think it must be put in the local paper that we "goofed" on this Boston trip. If anything puts us one step backward that article certainly will. PLEASE do not let that deter you from our upcoming trips. WE ARE TRYING OUR BEST and with your help and support we will succeed!

Theresa "Mimi" Fanning, Chairman COA

**HAMILTON COUNCIL
ON AGING**

299 Bay Road
So. Hamilton, MA 01982

Phone: 978-468-5595

**PRESORTED STANDARD
U.S. POSTAGE PAID
PERMIT #24
HAMILTON, MA 01936**

Meeting the Needs of Senior Residents

We're on the web at town.Hamilton.ma.us/senior page
